Cook's helper

9383-6526 Quebec Inc.

Job ID
50332

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LOCATION	DATE POSTED	EXPIRY DATE
1111 Rue Saint-Urbain M05, Montreal, QC | Quebec	02-06-2026	29-11-2026

TYPE OF JOB	SALARY	MIN. EXPERIENCE	MIN. EDUCATION
Full Time	CAD 34.65	No Experience	No degree, certificate or diploma

Job Details

Clean and sanitize items such as dishwasher mats, carts and waste disposal units

Clear and clean tables, trays and chairs

Place dishes in storage area

Sanitize and wash dishes and other items by hand

Portion and wrap foods

Prepare, heat and finish simple food items

Stock refrigerators and salad bars

Use manual and electrical appliances to clean, peel, slice and trim foodstuffs

Clean and sanitize kitchen including work surfaces, cupboards, storage areas, appliancesand equipment

Receive, unpack and store supplies in refrigerators, freezers, cupboards and other storageareas

Remove kitchen garbage and trash

Sharpen kitchen knives

Sweep, mop, wash and polish floors

Wash, peel and cut vegetables and fruit

Apply directly by email: benshek2007yw@gmail.com

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