

Kitchen Helper (Calgary)

NewStart Canada Consulting Inc.

Job ID

51610

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LOCATION

3420 69 St NW, Calgary, AB | Alberta

DATE POSTED

07-10-2026

EXPIRY DATE

05-04-2027

TYPE OF JOB

Full Time

SALARY

CAD 15 to 16 per hour
for 30-40 hours a
week

MIN. EXPERIENCE

Will train

MIN. EDUCATION

No degree, certificate
or diploma

Job Details

Prepare food ingredients as requested. Ensure vegetables and meats are fresh. Wash, peel and chop fruits and vegetables. Help unload and check food deliveries. Load and unload the dishwasher. Wash dishes and utensils. Clean kitchen stations, sweep and mop kitchen floors, and ensure kitchen equipment is well cleaned after use. Perform other duties as assigned.

Job Description

Permanent full-time position. Start ASAP. Fast-paced, physically demanding work with repetitive tasks and standing for extended periods. Will train; Asian/Japanese cuisine experience is an asset. Reliable team player. Day, evening, night, weekend, shift, flexible hours and morning shifts. How to apply: send your resume to Edojapan.yyc@outlook.com.

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